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| Development, Implementation, and Review of Guidelines and Goals | <p>The Charter District shall support the general wellness of all students by implementing measureable goals to promote sound nutrition and student health and to reduce childhood obesity.</p> |
| Wellness Plan | <p>The local school health advisory council (SHAC), on behalf of the Charter District, shall review and consider evidence-based strategies and techniques and shall develop nutrition guidelines and wellness goals as required by law. In the development, implementation, and review of these guidelines and goals, the SHAC shall permit participation by parents, students, representatives of the Charter's food service provider, physical education teachers, school health professionals, members of the Board, school administrators, and members of the public.</p> <p>The SHAC shall develop a wellness plan to implement the Charter's nutrition guidelines and wellness goals. The wellness plan shall, at a minimum, address:</p> <ol style="list-style-type: none">1. Strategies for soliciting involvement by and input from persons interested in the wellness plan and policy;2. Objectives, benchmarks, and activities for implementing the wellness goals;3. Methods for measuring implementation of the wellness goals;4. The Charter District standards for foods and beverages provided, but not sold, to students during the school day on a school campus; and5. The manner of communicating to the public applicable information about the Charter District wellness policy and plan. |
| Nutrition Guidelines Foods and Beverages Sold | <p>The SHAC shall review and revise the plan on a regular basis and recommend revisions to the wellness policy when necessary.</p> <p>The Charter District nutrition guidelines for reimbursable school meals and all other foods and beverages sold or marketed to students during the school day shall be designed to promote student health and reduce childhood obesity and shall be at least as restrictive as federal regulations and guidance, except when the Charter District allows an exemption for fundraising activities as authorized by state and federal rules.</p> |
| Foods and Beverages Provided | <p>The Charter District shall establish standards for all foods and beverages provided, but not sold, to students during the school day. These standards shall be addressed in the Charter District's wellness plan.</p> |

Wellness Goals

**Nutrition Promotion
and Education**

The Charter District shall implement, in accordance with law, a coordinated school health program with a nutrition education component. The Charter District's nutrition promotion activities shall encourage participation in the National School Lunch Program, the School Breakfast Program, and any other supplemental food and nutrition programs offered by the Charter District.

The Charter District establishes the following goals for nutrition promotion the Charter District's food service staff, teachers, and other Charter District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.

The Charter District establishes the following goal for nutrition education: The Charter District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.

Physical Activity

The Charter District shall implement, in accordance with law, a coordinated health program with physical education and physical activity components and shall offer at least the required amount of physical activity for all grades.

The Charter District establishes the following goals for physical activity:

1. The Charter District shall encourage teachers to integrate physical activity into the academic curriculum where appropriate.
2. The Charter District shall encourage students, parents, staff, and community members to use the Charter District's recreational facilities that are available outside of the school day.

**Other School-Based
Activities**

The Charter District establishes the following goals to create an environment conducive to healthful eating and physical activity and to promote and express a consistent wellness message through other school-based activities:

1. The Charter District shall promote wellness for students and their families at suitable Charter District activities.
2. The Charter District shall promote employee wellness activities and involvement at suitable Charter District activities.

Implementation

The Superintendent shall oversee the implementation of this policy and the development and implementation of the wellness plan and appropriate administrative procedures.

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| Evaluation | The Charter District shall comply with federal requirements for evaluating this policy and the wellness plan. |
| Public Notification | The Charter District shall annually inform and update the public about the content and implementation of the wellness policy, including posting on its website copies of the wellness policy, the wellness plan, and the required implementation assessment. |
| Records Retention | The Charter District shall retain all the required records associated with the wellness policy, in accordance with law and the Charter District's records management program. |